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The body changes during pregnancy: searching about maternal perceptions and experiences.

ABSTRACT

Through the use of closed-ended questionnaires are investigated changes in maternal behavior, focusing on lifestyle, intimacy, body image, childbirth and breastfeeding, focusing on doubts and believes that accompany the women during pregnancy and the puerperium, concluding that women, in spite of the wide availability of information of our age, are very poorly informed about their health.