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Pregnancy in celiac woman: specificity care, critics, midwife's role

ABSTRACT

The improvement of diagnostic techniques and the increased prevalence of celiac disease in recent years has resulted in an increase of women with a coexistence of pregnancy and celiac disease.

The aim of work is to assess how celiac disease can affect sexual and reproductive health of women through an analysis of available studies in the literature and observation of clinical practice.

Was conducted a search in bibliographic databases such as PubMed or Ovid, and in magazines published by the Italian Celiac Association, in order to understand the nature and characteristics of celiac disease, dietary advice appropriate for pregnant women with celiac disease and suggestions for coping with some discomfort typical of pregnancy.

In the outpatient clinic of Celiac Disease in the Hospital of St. Maurice Order in Turin was conducted an analysis of medical records of 10 women with celiac disease over the last five years had started to become pregnant: the objective was to understand what were the critical issues related to pregnant women with celiac disease and analyze them in detail. The knowledge gained become useful tools to ensure proper care for pregnancy by the midwife.

KEY WORDS: celiac disease, pregnancy, midwife, DPG, compliance, discomfort, information.