ABSTRACT

The thesis divides into three sections: the first section deals with psychological woman’s development since adolescence to the moment of pregnancy. A period and an event, characterized by the need to create new relations and by the possibility to elaborate imaginations and projects, risk to become, for our interference, not much asked, not much offered with clearness, periods and moments of anxiety, of distress for more women in pregnancy. When it comes true the risk feared, the formulation of a prenatal diagnosis of a fetal malformation, the emotional and relational problems can sharpen till the exasperation. The time of the wait of an answer of the test of screening or of the diagnostic result, the moment of the communication of the bad result, the following period, the sheltering, are the occasions in which the woman, the couple, but also the midwife, the gynaecologist, the paediatricians, can have the necessity of a psychological support. Following the couples in the follow-up and give them the time to elaborate the lived mourning it’s very important. The second section presents the study I have done in the OIRM Sant’Anna Hospital in Torino about women that have decided to engage a therapeutic interruption of the pregnancy and about professionals that have supported them. This study has the aim to explore ethical conflicts, problems, reactions of couples in face of a positive prenatal diagnosis and at a
therapeutic interruption of pregnancy for fetal malformation; an another aim is to value the quality of care distributed by professionals of obstetrical equipe and factors that influence its. The third section presents a possible answer at the problems comed out from the study, with a proposal of integration in the obstetrical equipe of an equipe’s psychologist that can help professionals to face and to elaborate their experience, and a proposal of a Progetto di Assistenza alle coppie che decidono di intraprendere un’Interruzione terapeutica di Gravidanza (PAITG) that shows a possible way for couples since the moment of positive diagnosis to follow-up.