

ABSTRACT

Pregnancy is a natural step in a woman's life, a normal situation during lifespan.

The gestational condition may take out either positive or negative feelings like fear or anxiety.

For this reason women may need a guide, an experienced tutor able to give those explanations, care and suggestions.

The professional who follows a woman during pregnancy must give emotional and technical support.

During pregnancy and after delivery, two people play an important role: the obstetrician and the physician.

Different skills distinguish the two roles.

The obstetrician takes care of normal pregnancy, the physician of intercurrent diseases. The first enhances the natural capacity to get through pregnancy, delivering and growing a baby, the latter gives the support to overcome the disease and re-establish a sufficiently good health.

In order to find a help during pregnancy, every woman goes through an emotional and cognitive trial.

The aim of our work is to outline and evaluate which is the (professional role) who can satisfy at best woman and/or her partner' expectations.

Their opinions were collected during my work in Sant'Anna Maternal Turin Hospital, where I could get close to many women during and after delivery.