

ABSTRACT

Active fetal movements characterize intra-uterine life and are cause and effect of its development.

The following analysis focuses on the importance of fetal movements even before the mother is able to feel them herself.

Fetal movements are being considered in their quality and quantity aspects. This study shows a clear link between intra-uterine and extra-uterine life.

Because fetal movements represent a physical way of communication between mother and fetus, it seems feasible to take into account not only the physical and biological aspects, but also the relational and sensorial ones, as they are complementary to each other.

The moment the mother feels the fetal movements for the first time is extremely important to her as the fetus becomes a reality in her perception, and not mere imagination.

Fetal movements are also important to the fetus himself as they contribute to his own maturity and the development of his Nervous System.